

## I would like to attend Cygnet for Practitioners what do I do now?

Please complete the request form at the bottom of this page or email

cygnetsnorthlancs@gmail.com

To request an application form

Course fees are around £50 per person. Group rates are negotiable dependent on numbers.



Please can I be contacted with more information about the Cygnet for practitioners Programme:

Name

Address

Tel

Email

Return to Cygnets North Lancs  
c/o Lune Park Children's Centre, Lancaster,  
LA12LN

cygnetsnorthlancs@gmail.com

For more information please contact:

Cygnet North Lancashire Parenting Support Service

c/o Lune Park Children's Centre  
Lancaster  
LA12LN

Telephone : 07873818153

(Term time only)

Email: cygnetsnorthlancs@gmail.com



University Hospitals **NHS**  
of Morecambe Bay  
NHS Foundation Trust

**NHS**  
Lancashire North  
Clinical Commissioning Group

[www.barnardos.org.uk](http://www.barnardos.org.uk)

Barnardos registered charity no. 216250 and SC037605

# Cygnet for Practitioners Programme information

A training programme for practitioners who work with children and young people aged 5-18 with a diagnosis of an Autistic Spectrum Condition and their families.



UK National Training Award  
Winner 2010

# Cygnets for Professionals

Cygnets offers a training programme for organisations to provide their own two day training for their staff. This training is for staff who work with children on the autistic spectrum to enhance their knowledge and explore a toolkit of strategies to use with children and young people.

Training will be delivered by Barnardos Cygnets trained professionals from North Lancashire who have experience of working with children and their families. Parents of children with Autism who have also received the training and are able to deliver this package to your team also.

Course attendees will receive printed handouts and information to keep as well as a certificate of attendance to support Professional Development.

**Need to train your staff?**

## Day One

This provides staff with an understanding of the different characteristics of Autism and how these can be displayed in behaviour.

The training looks at the following areas in further detail:

- ▣ Social Interaction
- ▣ Communication
- ▣ Rigidity, Imagination and Obsessions
- ▣ Sensory Issues.

## Day Two

This training builds on the first day's training to explore different behaviour management frameworks and strategies to use with children on the autistic spectrum.

The training looks at the following areas:

- ▣ Behaviour framework assessment tools
- ▣ Communication aids
- ▣ Strategies to reduce sensory anxiety
- ▣ Key principles for behaviour management

“Significant progress towards attaining parent set goals for child behaviour was recorded at 12 and 24 week follow-up”

York University for DFE 2012

“The materials are clear, well researched and well paced.”

Autism outreach teacher, Leeds

“Barnardo’s Cygnets training was considered exemplary by our team of regional and UK judges; they were particularly impressed with the contribution these programmes are making along with strong elements of training best practice being shown and further development potential being demonstrated for the future.”

National Training Awards 2010