

Lancaster & Morecambe Additional Needs What's On Guide May 2022



MONDAYS

Escape2Make Yoga Club

Writing Room, The Storey
Lancaster Fortnightly 11-14
yr. olds 4pm-5pm, 15-18yr
olds 5.15pm-6.15pm Book via
website

www.escape2make.org

SEN KICKS Football session run by Morecambe FC Community Sports Team

Heysham Mossgate
Community Centre LA32AW
Mondays 5pm-6pm Years 3-6.
No need to book. 01524
412125

SEND EASY Youth Group ages

12-25 Morecambe Library
6.15-8.30 booking essential
via Claire Armer (LCC)
07717815062 / 01524 581280

TUESDAYS

More Music Bay Beats ages
8+ 6.15 new starters and
younger players

7.30 more experienced
players. Pay as you feel.

www.moremusic.org.uk

WEDNESDAY

Unique Kidz and co Stay and Play

For families with children with
additional needs, just turn up
10.00-12.00. Woodhill lane
Morecambe 01524 831132
www.uniquekidzandco.org.uk

Bee Unique Autism Coffee Morning for parent carers Monthly 10.30 Whale tail café Lancaster

starts 18/5/22 Just turn up
Children welcome. Bee Unique will
fund first tea/coffee and slice of
cake www.beeuniquecharity.co.uk

Colourful Footsteps (formerly known as AOK) parent peer support group 1.30-2.30 at Lune Park Neighbourhood centre

children under 8 welcome booking
essential 01524 581280

Sing it out More Music 4pm-5.30pm
nurturing group for 11-18yr olds
FREE. Referral needed from key
worker www.moremusic.org.uk

**C.H.A.T.S Parent peer support
group for CYP with mental health
concerns.** Monthly Zoom drop in
last Weds of month 7-8.30 on
Zoom chats_123@yahoo.com

THURSDAYS

**C.H.A.T.S Parent peer support
group for CYP with mental health
concerns.** Monthly drop in 2nd
Thurs 10-12 @ More Music
chats_123@yahoo.com

**Unique Kidz and co Sensory
Session** For families with children
with additional needs, just turn up
12.00-2.00. Woodhill lane
Morecambe 01524 831132
www.uniquekidzandco.org.uk

**Disability Friendly sessions at Jump
Rush Morecambe Ages 5+** 4.00-
5.00 £6.00 per jumper (carer jumps
for free) www.jump-rush.com

**X Height Climbing Wall Salt Ayre
SEN sessions** Thursdays 5-6, 6-7.
There are 7 spaces per session, ages
5+ siblings welcome. £6.00 per
climber. Book via Salt Ayre Leisure
Centre www.lancaster.gov.uk

FRIDAYS

**Lancaster Adult Autism Group
(18+)** Last Friday of month at
Cornerstones in Lancaster

Bay Youth Voices More Music 5.30-
6.30 primary aged children
www.moremusic.org.uk

SATURDAYS

Autism Friendly Screening
Reel Cinema Morecambe
fortnightly. Check website or
NLDG page for details

A Spectrum Connection Ages 16+
with a diagnosis 2nd Saturday of
the month 11-2 Brew Me
Sunshine in Morecambe

**Unique Kidz and Co Family Drop
In Day** Sat 21/5/22 12-3 All
welcome. Just turn up. . Woodhill
lane Morecambe 01524 831132

SUNDAYS

Autism Friendly Screening
Vue Cinema Lancaster last Sunday
of the month normally around
10am Check Vue website or NLDG
page for details

For more information on local activities during term time,
school holidays and after school, please go to:

Lancashire Local Offer: www.Lancashire.gov.uk/SEND
Local Offer facebook page:
www.Facebook.com/LancashireLocalOffer

North Lancashire Directions Group Facebook page:
www.facebook.com/NLDGAdditionalNeedsSupport

Before setting
off to join an
activity, please
check with the
provider /
venue in case
you need to
pre-book and
any info about
your child that
would help the
session leaders
is shared.
*Unless
specified, no
diagnosis or
proof of
diagnosis is
needed to
access any of
the groups.*